

# HOME VISITATION LEADERSHIP ADVISORY COALITION

Wednesday, March 22, 2017

10:00 am – Noon

OSDH, Eighth Floor

**Room 806**

## **This meeting available via VideoConference!**

*Click link above for VideoConference registration instructions or contact  
OSDH/FSPS for more information (405) 271-7611.*

***MUST register in advance to participate by VideoConference!***

## **Agenda**

*Please bring or forward in advance any related materials, brochures, calendars specific to your program for sharing!*

### **WELCOME**

- Introductions and sharing of program information [Roll Call – by County]
- Announcements – upcoming conferences, community resources, and related discoveries that would benefit other home visitation efforts across the state!
- **April is National Child Abuse Prevention Month - Update on OK Activities/Events**

## **Special Presentations & Updates**

### ○ **Oklahoma WIC 2017:**

Everything you always wanted to know about the WIC program.

**Cathy Montgomery, MS, RD, LD**, WIC Program Consultant, WIC Service (OSDH)

### ○ **Lead 101**

All about Lead poisoning and lead poisoning prevention.

**Susan J. Quigley**, Administrative Program Manager, Oklahoma Healthy Homes & Childhood Lead Poisoning Prevention Program (OSDH)

### ○ **parentPRO Data Discussion\***

Feel free to bring your questions and/or needs for reports as all things data will be discussed.

**John Delara, MPH**, Epidemiologist, Community Epidemiology and Evaluation (OSDH)

*\* While all participants are welcome to stay and enjoy this topic, it may only prove relevant to those involved with parentPRO programs.*

### **BUSINESS**

- Old
- New



**Future Agenda Items**

**Brainstorm possible Speakers**

**2017 – 2018 Calendar Meeting Dates can be found [HERE](#)**

### **ADJOURN**

#### **Please note:**

Meetings are from 10:00 a.m. until Noon at the Oklahoma State Health Department, room 806 (8<sup>th</sup> floor)  
1000 NE 10<sup>th</sup> St, Oklahoma, City, OK 73117 (405) 271-7611

## Home Visitation Leadership Advisory Coalition

**March 22, 2017**

10:00 a.m. to 12:00 p.m.

ODSH Room 806

### **Minutes**

#### **Central Office Attendance:**

Milgrosa Brauten, Parent Promise  
Patti DeMoraes, LCDA  
Dayen Dooley, MCN Project Launch  
LaChez' English, OSDH/FSPS  
Suzy Gibson, OSDH/FSPS  
Stephanie Hinton, OKC PAT  
Tiffany Holmes, OSDH/FSPS  
Juana Jimenez, Sunbeam Family Agency

Vicki Land, Smart Start OKC  
Vicki Long, OSDH/Garvin  
Yolanda Lucero, OKC PAT  
Kethzia Njikam, OKC PAT  
Shawna Norman, Parent Promise  
Sherie Trice, OSDH/FSPS  
Mindy Turner, Bethany PAT

#### **VideoConference Attendance:**

**Bryan:** Cindy Baugus, parentPRO; Rosemary Robinson, parentPRO; Shelley Thomas, parentPRO

**Carter:** Julie Williamson, parentPRO

**Cleveland:** Tiffany Wells, parentPRO PAT

**Creek:** Dava Kramer, parentPRO; Twanna Treat, parentPRO; Donnette Widdoes, parentPRO

**Garvin:** Deidra Smith, parentPRO PAT

**Jackson:** Shannon Kellison, parentPRO PAT; Jonathan Snyder, parentPRO PAT

**Kay:** Jan Justice, parentPRO PAT

**Kiowa:** Emma Shandor, parentPRO PAT

**McCurtain:** Barbara Battiest, parentPRO PAT; Marilyn Walden, parentPRO PAT

**Muskogee:** Charo Brown, parentPRO PAT; Syreta Mason, Debbie Rowan and Joyce Walker, parentPRO

**Pittsburg:** Lora Haworth, parent PRO; Jonnetta Webb, parentPRO

**Tulsa:** Ariane Betancourt, CAP Tulsa; Sheri Davis, parentPRO PAT; Donna Holladay, parentPRO PAT

**Woods:** Brenda Rose, parentPRO PAT

## **Welcome**

- Announcements, Introductions and sharing of program information
  - Wear Blue Day: Friday, April 7, 2017
  - Outstanding CAP Awards Ceremony: April 11, 2017 11am
  - OKCAN Conference
    - Few scholarships available
    - Blue Ribbon Selfie Table will be provided
  - Remember to complete a Tree Registry for ALL Blue Ribbon Trees
  - See Parent Promise to purchase T-shirts
  - OSDH Diaper Drive: March 20 - April 7<sup>th</sup>; Contact Tiffany Holmes @ [TiffanyH@health.ok.gov](mailto:TiffanyH@health.ok.gov)
  - Coloring Challenge Landing Page is on [www.brighterfutureforkids.com](http://www.brighterfutureforkids.com) (Next year site will change)
  - New Child Abuse Hotline Cards will be available soon
  - The new parentPRO Brochures – hot off the press. Request yours by contacting Tiffany Holmes @ [TiffanyH@health.ok.gov](mailto:TiffanyH@health.ok.gov)
  - First Saturday in April - Kay County will be collaborating with the Pregnancy Crisis Center for a Baby Boot Camp (newborns-18 months)
  - Jackson County will be collaborating with head start and the military base on April 13<sup>th</sup> from 4 - 7pm. Other parties include the local law enforcement(safety talk), Head Start (enrollment), and community investors

- Pittsburg County will be hosting a Child Abuse Conference on April 28<sup>th</sup>; for more information please view the Pittsburg County Health Department Facebook page

## Special Updates, Sharing & Presentations

### Oklahoma WIC 2017: Everything you always wanted to know about the WIC program.

*Cathy Montgomery, MS, RD,LD, WIC Program Consultant, WIC Service (OSDH)*  
Women, Infant, and Children Supplemental Nutrition Program (WIC)

- Free education program for:
  - Women who are pregnant, breastfeeding (to 1 year) or just had a baby (to 6 months)
  - Children under 5 years of age (including foster)
  - Families with a low to medium income who live in Oklahoma
- Nutrition education prepared by Registered Dietitians and provided by trained staff
- Nutritious supplemental foods
- Breastfeeding support
- Referrals to health & social services

*(Please See Attachments at end of this document)*

### LEAD 101

*Susan J. Quigley, Administrative Program Manager, Oklahoma Healthy Homes & Childhood Lead Poisoning Prevention Program (OSDH)*

- Lead Poisoning is one of the major preventable health problems that can impact young children and their future health and development.
- Oklahoma Childhood Lead Poisoning Prevention Program
  - Our goal is to prevent lead poisoning and lead exposure in children up to 72 months of age.
  - We provide information regarding lead sources and lead exposure for any ages.
- Lead causes damage: Elevated blood lead levels in children affect a child's mental development:
 

○ Behavioral problems	○ Loss of IQ points
○ Mental retardation	○ Learning disabilities

*(Please See Attachments at end of this document)*

### parentPRO Data Discussion

*John Delara MPH Epidemiologist, Community Epidemiology and Evaluation (OSDH)*

- Question and answer needs for reports as all things data are discussed.
  - Children First updates have been made in ETO
  - PAT documentation has been uploaded
  - Group connection attendance report has been added
  - Client Satisfaction report has been added
  - PAT APR reports are coming up

### Updates:

- No new business at this time.

**Meeting Adjourned at 12:00 pm**

## Oklahoma WIC 2017

*Everything you always wanted to know about the WIC Program*

*Cathy Montgomery, MS, RD/LD  
WIC Program Consultant*

---

---

---

---

---

---

---

- Women, Infants, and Children Supplemental Nutrition Program (WIC)
- Free education program for:
  - Women who are pregnant, breastfeeding (to 1 yr.) or just had a baby (to 6 mo.)
  - Children under 5 yrs of age (including foster)
  - Families with a low to medium income who live in Oklahoma
- Nutrition education prepared by Registered Dietitians and provided by trained staff
- Nutritious supplemental foods
- Breastfeeding support
- Referrals to health & social services

### What is WIC?

---

---

---

---

---

---

---

- Reduce miscarriages and premature births
- Increase birth weights in newborns
- Decrease incidence of iron deficiency anemia in children
- Improve diets in prenatal and postpartum women and children
- Increase early prenatal care and recommended weight gain during pregnancy

### WIC Helps:

---

---

---

---

---

---

---

- Piloted in 1972; permanent in 1974
- Administered by USDA/FNS; managed in OK through State Department of Health
- Grant program reauthorized every 5 years
- 90 state agencies in USA: health departments and contractors, Tribal organizations, D.C., and 5 territories (Northern Mariana, American Samoa, Guam, Puerto Rico, Virgin Islands)

### WIC Facts

---

---

---

---

---

---

---

---

- 10 WIC Programs in OK: State WIC, Cherokee Nation, Muscogee-Creek Nation, Inter-Tribal Council, Choctaw Nation, Missouri-Otoe Tribes, Osage Nation, Wichita-Caddo-Delaware Tribes, Citizen Pottawatomie Nation, and the Chickasaw Nation
- State WIC through all CHDs and Independent Contractors in OK and Tulsa Co. plus 4 hospital-based in W. OK
- 500+ Vendors in Oklahoma

### Oklahoma WIC Facts

---

---

---

---

---

---

---

---

- State WIC caseload: approximately 80,000
- OK Tribal caseload: approximately 20,000
- Half of all babies born in OK receive WIC
- There are WIC clinics in all 77 counties except Nowata Co.
- 14 clinics in OK County (6 agencies)
- 12 clinics in Tulsa County (3 agencies)

### Oklahoma WIC Facts

---

---

---

---

---

---

---

---

- Categorically eligible: prenatal, postpartum, child 0-5 years
- Proof of Residency (live in Oklahoma)
- Proof of Income (at or below 185% of poverty level\*- gross, before taxes)
- Proof of Identification for participant and parent/guardian
- Provide proof of ID, address & income at every certification
- \*Automatic—Sooner Care, SNAP, TANF

### How to Qualify?

---

---

---

---

---

---

---

---

Family Size	Annual Income	Monthly Income	Twice Monthly	Biweekly	Weekly Income
1	\$21,978	\$1,832	\$916	\$846	\$432
2	29,637	2,470	1,235	1,140	570
3	37,296	3,108	1,554	1,435	718
4	44,955	3,747	1,874	1,730	865
6	60,273	5,023	2,512	2,319	1,160
8	75,647	6,304	3,152	2,910	1,455
10	91,039	7,587	3,794	3,502	1,751

### Current Income Guidelines (4-1-16---6-30-17)

---

---

---

---

---

---

---

---

- Proof of Identification for participant and parent/guardian:
  - Picture ID, SS card, Immunization Record, Birth Certificate
- Proof of Residence:
  - Utility bill, rent receipt, Sooner Care document
- Proof of Income:
  - paystubs(2), Sooner Care/SNAP/TANF doc
- Other options on "WIC Reminder"

### Common Documents Used

---

---

---

---

---

---

---

---

- Prenatal women: until 6 weeks past EDD
- Breastfeeding women: up to 1 year PP
- Non-breastfeeding women: 6 months PP
- Infants:
  - <6 months at certification: until 1<sup>st</sup> birthday
  - >6 months at certification: for 6 months
- Children: for 1 year (until 5<sup>th</sup> birthday)

### Certification Periods

---

---

---

---

---

---

---

---

- Quality nutrition and breastfeeding education and counseling:
  - Individual, group sessions, on-line (general only)
- Trained staff: RD/LDs, Nutritionists, RNs, LPNs, qualified paraprofessionals (CWNTs) available in the clinic and by phone
- Referrals to needed health & social services

### What Does WIC Provide?

---

---

---

---

---

---

---

---

- Nutritious foods to reinforce education:
  - Milk products or substitutes:
    - Fluid milk (1% for those >2yr)
    - Soy and Lactose free milk
    - Yogurt (low fat for those >2 yr.)
    - Cheese
    - Chocolate milk 1 g (>2yr)
    - Tofu

### WIC Supplemental Foods

---

---

---

---

---

---

---

---

- Beans (can or dry) or peanut butter
- Eggs
- Fr/froz fruits & vegetables (\$8-11)
- 100% juice
- Wh.grain breads, cereals, pastas, brown rice, tortillas (corn,wh.wheat), bulger
- Infant foods (formula, infant cereal, infant fruits and vegetables)

### WIC Supplemental Foods

---

---

---

---

---

---

---

---

- Breastfeeding support
  - Quality education
  - Trained staff: breastfeeding educators, lactation consultants available
  - Peer counselors at many locations
  - Breast pumps to those that qualify: manual, single-user electric, hospital-grade loaner breast pumps

### What does WIC provide?

---

---

---

---

---

---

---

---

- Breastfeeding Support
  - Fully breastfeeding women receive additional foods every month
    - More milk (5.25 gal) and cheese (2#), eggs (2 doz) and fish (30 oz.)
  - Fully breastfeeding infants receive additional foods from 6-11 months
    - Twice the amount of infant fruits and vegetables (256 oz.)
    - Infant meats (77.5 oz.)

### What does WIC provide?

---

---

---

---

---

---

---

---



- Demographic Info, Voter Registration
- Provides ID, residency, income proofs
- Health Assessment completed
- Weight, Length/Height, HGB check
- Growth assessed
- IOM Standardized Risk(s) assigned
- Education for identified risk & category
- Goal setting
- Benefits assigned/issued and return appointment for next NE contact

### What happens at the Certification Visit?

---

---

---

---

---

---

---

---

- In 2016 all State WIC clinics converted from checks (FIs) to eWIC cards
- Some advantages:
  - Participants can purchase what they need rather than everything on a check
  - Lost or stolen cards can be replaced with benefits intact (account has secure pin#)
  - Correct foods assured through UPC/PLU
  - Customer Service for balances and notification 24-7

### eWIC

---

---

---

---

---

---

---

---

- Breastfeeding is Best!!
- Alternative: Gerber standard formulas
  - Gentle
  - Soothe
  - Soy
- Least-cost bid process every 5 years
  - Required by Federal Regulations
  - Cost management
  - Rebates returned to Food Dollars – provide funds for 1/3 to 1/2 of state caseload

### Formula Requirements

---

---

---

---

---

---

---

---

- Documented, medically fragile children have specialized formula available
- Exception Request for Food/Formula
  - Not a prescription or doctor's order
  - It is a request for an exception to contract formula
- Assessed by RD/LD for approval
- Can be approved for 1-3 months
- Some need approval from State WIC
- Extensive documentation required
- New request and assessment in ~3 mon

### Medically Fragile Children

---

---

---

---

---

---

---

---

**Exception Request for Formula/Food**  
Oklahoma State Department of Health WIC Services

Obtain WIC Services to request to contract with a formula company, which requires a completed form based on other health records and medical information. After discussion with the physician, the physician must complete the form and sign it. The form must be completed by the physician and signed by the physician. The form must be completed by the physician and signed by the physician. The form must be completed by the physician and signed by the physician.

Participant's name: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
Height: \_\_\_\_\_ Length/weight: \_\_\_\_\_ Date taken (within 30 days of request): \_\_\_\_\_  
Breastfeeding: \_\_\_\_\_  
WIC contact: \_\_\_\_\_  
Formula used: \_\_\_\_\_  
Exception requested for: ☐ 1 month ☐ 2 months ☐ 3 months  
Comments (e.g., formula formula used, problems encountered): \_\_\_\_\_

Signature of physician: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature of WIC contact: \_\_\_\_\_ Date: \_\_\_\_\_

WIC Services: \_\_\_\_\_  
Phone number: \_\_\_\_\_  
Fax number: \_\_\_\_\_

### WIC Exception Request

---

---

---

---

---

---

---

---

- Current effort to increase participation
- Referrals from other health or social sources encouraged
- Current Income guidelines posted on OSDH website:

[https://www.ok.gov/health/Community & Family Health/WIC/index.html](https://www.ok.gov/health/Community_Family_Health/WIC/index.html)

### Outreach

---

---

---

---

---

---

---

---

**Cathy Montgomery, MS, RD/LD**  
WIC Program Consultant  
(for Oklahoma, Ellis, Dewey, Roger Mills, and  
Washita Counties)  
2401 NW 23<sup>rd</sup> St., Suite 70  
Oklahoma City, OK 73107  
405-271-4676 x 50021  
405-420-4678

**Contact Information**

---

---

---

---

---


---

---

## Lead Poisoning 101

### March 22, 2017

Childhood Lead Poisoning Prevention Program  
 1000 NE 10<sup>th</sup> St  
 Oklahoma City, OK 73117  
 Phone: (405)271-6617 or 1-800-766-2223  
 Fax: (405)271-4971  
 Email: [oklppp@health.ok.gov](mailto:oklppp@health.ok.gov)


OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · [WWW.HEALTH.OK.GOV](http://WWW.HEALTH.OK.GOV)

---

---

---

---

---

---

---

---



**Lead Poisoning is one of the major preventable health problems that can impact young children and their future health and development.**


OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · [WWW.HEALTH.OK.GOV](http://WWW.HEALTH.OK.GOV)

---

---

---

---

---


---

---

---

### Oklahoma Childhood Lead Poisoning Prevention Program

- \* Our goal is to prevent lead poisoning and lead exposure in children up to 72 months of age.
- \* We provide information regarding lead sources and lead exposure for any ages.


OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · [WWW.HEALTH.OK.GOV](http://WWW.HEALTH.OK.GOV)

---

---

---

---

---

---

---

---

## Lead Causes Damage

Elevated blood lead levels in children affect a child's mental development.

➔

- Behavioral problems
- Mental retardation
- Loss of IQ points
- Learning disabilities

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Lead also produces adverse effects in the body

- Damage to the:
  - Kidneys
  - Nervous system
  - Reproductive system
  - High blood pressure

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Symptoms?

- \* Nausea
- \* Headaches
- \* Irritability
- \* Fatigue
- \* Loss of Appetite
- \* Constipation
- \* Stomach aches

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

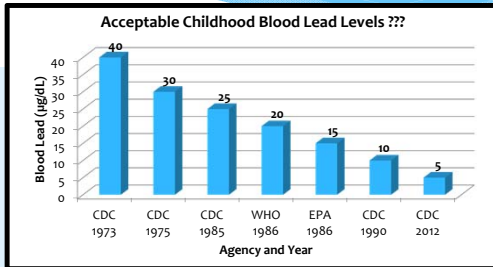
---

---

---

---

## How much is too much?



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Preventing Further Exposure

### THERE IS NO SAFE LEVEL OF LEAD

- \* The Oklahoma Childhood Lead Poisoning Prevention Program notifies parents and providers of any results that are 5 micrograms per deciliter or more.

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

It takes a TINY amount to be considered 'elevated'.



One Grain of Sugar  
 $\div 1000 =$   
One Microgram



1 Deciliter = About  
 $\frac{1}{2}$  cup

---

---

---

---

---

---

---

---

## Where is the lead?

\* Where might you find Lead in a home?

The diagram illustrates various locations where lead can be found in a home. It shows a cross-section of a house with labels for 'bare soil' outside, 'porch', 'doors', 'walls', and 'windows'. A red arrow labeled 'Lead in dust' points to a child playing on the floor, with a dashed line indicating dust 'tracked in' from the porch area.

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Possible and Common Sources of Lead Exposure

\* Lead-based paint and lead contaminated dust  
 \* Lead-based paint (banned in 1978)

Two photographs are shown side-by-side. The left photo shows a close-up of peeling lead-based paint on a wall. The right photo shows a close-up of a decorative railing with peeling lead-based paint.

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Possible and Common Sources of Lead Exposure

\* Lead contaminated soil

A photograph shows a young child sitting on the ground, playing with soil in a red bucket. The soil is dark and appears to be contaminated.

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Possible and Common Sources of Lead Exposure

### \* Candy



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Possible and Common Sources of Lead Exposure

- \* Folk medicines, spices and cosmetics
- \* Some folk medicines, spices and cosmetics contain lead and are used by different cultures in the United States



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

## Possible and Common Sources of Lead Exposure

- \* Toys
- \* Jewelry



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---



## Possible and Common Sources of Lead Exposure

- \* Water-
  - \* Older lead pipes
  - \* Lead solder



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

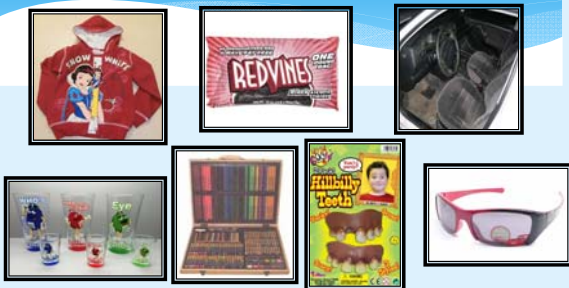
---

---

---

---

## These too have lead



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

---

---

## How do children become exposed?

### INGESTED:

- \* Hand to mouth contact:
  - \* (Paint chips, dust, soil)
- \* Food
- \* Water



### INHALED:

- \* Breathing in lead contaminated dust or soil

ABSORBED: (very rarely)



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---

---

---

### True or False?

- \* If lead is suspected in drinking water, it should be boiled to remove the lead prior to drinking or cooking.
- \* Prior to 1952, 80% of US lead poisoning cases for children were through eating pencil lead or being injured with pencil lead.
- \* Lead can pass through the placenta and harm a developing fetus.
- \* A dust mask should be used to protect you from lead dust during remodeling activities involving lead-based paint.



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

### True or False?

- \* Vacuuming up lead chips and lead dust is the fastest and easiest way to remove lead dust dangers from your home.
- \* A safe level for blood lead in a child under six years of age is  $< 5\mu\text{g}/\text{dL}$ .
- \* You can tell a child is lead poisoned by doing a physical examination.
- \* Lead is no longer used in items made in the United States.
- \* Like chewing gum, most lead stays in your body for at least seven years.



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

### How can you help?



OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

## Who should be getting a blood lead test?

- \* 12 months and 24 months
- \* This is also a Medicaid requirement
- \* Head Start will not accept children who have not had at least 1 blood lead test before enrollment
- \* Children who are not yet 6 years of age and have not had a previous blood lead test



---

---

---

---

---

---

---

---

## Things to Consider

- \* Age of home
- \* Condition of home
- \* Occupation
- \* Pica
- \* Travel or recent immigration
- \* Other homes



---

---

---

---

---

---

---

---

## Other Things to Consider

- \* Sibling or playmate with lead poisoning?
- \* Toys or other playthings?
- \* Vinyl or plastic mini-blinds?
- \* Home remedies?
- \* Glazed cooking or eating items?



---

---

---

---

---

---

---

---

### Best Advice to Give Parents

- \* Wash child's hands, toys, and things frequently placed in mouth often.
- \* Minimize dust. Wet mop surfaces, remove shoes at door, and use damp cloths to clean.
- \* Give children healthy foods high in iron and calcium.
- \* Plant grass or ground cover on exposed areas of soil.
- \* Don't store food in lead crystal or pottery with lead-based glaze. Be careful of imported items which may contain lead.

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---


---

---

---

## Questions??

Susan Quigley  
Program Manager  
Oklahoma Childhood Lead Poisoning  
Prevention Program  
405 271-9444 ext 56720

OKLAHOMA STATE DEPARTMENT OF HEALTH · CREATING A STATE OF HEALTH · WWW.HEALTH.OK.GOV

---

---

---

---

---

---

---

---